



## PLUME ACADEMY - LEARNING OVERVIEW

Year	10
Course	CNAT SPORTS STUDIES
Specification Number/Exam Board	J813 - OCR
End of course assessment and weightings	4 Units ( <i>2 Mandatory / 2 Optional</i> ). Unit R051: Externally-assessed written exam <b>(25%)</b> Unit R052: Internal Assessment <b>(25%)</b> Unit R053: Internal Assessment <b>(25%)</b> Unit R054: Internal Assessment <b>(25%)</b>

### Prior Learning

The subject builds on your child's key stage 3 experience in Physical Education by developing their skill and performance within team and individual sports. It will develop leadership skills and the ability to officiate. It will also develop knowledge and understanding of contemporary issues in sport and study media in sport.

### Curriculum Intent – What are the curriculum aims?

Students will:

- develop knowledge, understanding, skills and values to develop and maintain their performance in physical activities and understand the benefits to health, fitness and wellbeing.
- develop theoretical knowledge and understanding of the contemporary issues within sport.
- perform effectively in different physical activities by developing skills and techniques and selecting and using tactics, strategies and/or compositional ideas.
- develop their ability to analyse and evaluate to improve performance in physical activity and sport.
- develop their leadership skills through analysis of different leaders and leadership styles and through planning and delivering their own bespoke training session.
- develop an understanding of the relationship between media and sport and understand the impact they have on one another, both positive and negative.



### Curriculum Implementation – What will my child will be learning?

Term 1	Half Term 1	Contemporary issues in sport LO1- Factors which affect participation in sport (externally assessed by exam in June Y10)  Developing Sports Skills LO1/2/3 – Individual & Team sport skill development and officiating.
	Half Term 2	Contemporary issues in sport LO2- Know about the role of sport in promoting values (externally assessed by exam in June Y10)  Developing Sports Skills LO1/2/3 – Individual & Team sport skill development and officiating.
Term 2	Half Term 3	Contemporary issues in sport LO3- Understanding the importance of hosting major sporting events. (externally assessed by exam in June Y10)  Developing Sports Skills LO1/2/3 – Individual & Team sport skill development and officiating.
	Half Term 4	RO51- LO4 Know about the role of National Governing Bodies in sport RO52-Developing Sports Skills- written set tasks
Term 3	Half Term 5	RO51 – Contemporary issues in sport Revision and External Examination RO52-Developing Sports Skills- written set tasks
	Half Term 6	RO51 – Contemporary issues in sport Revision and External ExLO1 Sports Leadership – Personal qualities, styles, roles and responsibilities associated with effective sports leadership RO52-Developing Sports Skills- written set tasks

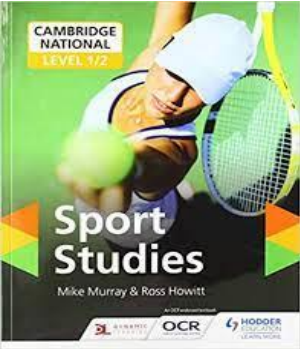
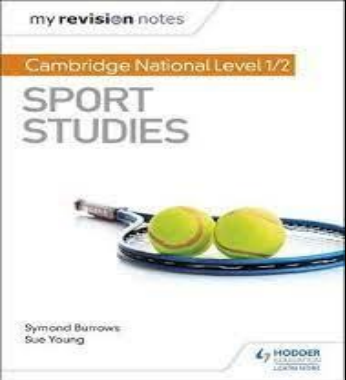
### Curriculum Impact – How will progress be assessed as I learn?

Unit RO51 Contemporary Issues in sport– End of Unit tests & Final External Exam in June

Unit RO52 – Developing Sports Skills – Teacher assessed and exam board moderated throughout the course.



### Super-Curricular Opportunities – Support and Extending Learning

Useful study resources	If a student is really passionate about this subject...	As a parent/carer, I can assist my child in this subject by:
<p><b>Sports Studies Cambridge National Level 1/2 Text book</b> Author Mike Murray Ross Howitt ISBN no 978 1 5104 5646 4</p>  <p><b>Contemporary issues in sport past papers/mark schemes/examiner reports:</b> <a href="https://www.ocr.org.uk/qualifications/cambridge-nationals/sport-studies-level-1-2-j803-j813/assessment/">https://www.ocr.org.uk/qualifications/cambridge-nationals/sport-studies-level-1-2-j803-j813/assessment/</a></p> <p><b>My Revision Notes: Cambridge National Level 1/2 Sport Studies Paperback book.</b></p>  <p>ISBN no 978-1510478589 (new edition due to be published 27/3/21)</p>	<p><b>Further reading/research material links via:</b> <a href="https://www.ocr.org.uk/Images/68551resources-links.pdf">https://www.ocr.org.uk/Images/68551resources-links.pdf</a>  <a href="https://www.ocr.org.uk/Images/221133-resources-links.pdf">https://www.ocr.org.uk/Images/221133-resources-links.pdf</a></p> <p><b>Olympic themed films:</b> ‘Eddie the Eagle’ – LO2 Olympic Values ‘One Day in September’ – documentary- LO3 Drawbacks of hosting a major sporting event. Personal best 1982 Chariots of Fire 1981 Cool Runnings 1993 Miracle 2004 Prefontaine 1997 Blades of Glory 2007 I, Tonya 2017 Tokyo Olympiad 1965 Race 2016 The Ringer 2005 Jim Thorpe- all American 1951 Charlie Chan at the Olympics 1937 <b>Revision you tube clips:</b></p> <p><b>RO51 Contemporary Issues in Sport</b></p> <p>Revision video: <a href="https://www.youtube.com/watch?v=tpb-VBNoEC0&amp;list=PLcRGBKDz2OxuFdB7hKVJonIpFCZ9jiwSJ">https://www.youtube.com/watch?v=tpb-VBNoEC0&amp;list=PLcRGBKDz2OxuFdB7hKVJonIpFCZ9jiwSJ</a></p> <p><b>LO1 Factors which affect participation in sport</b> Revision video: <a href="https://www.youtube.com/watch?v=Az9f7BrA61w">https://www.youtube.com/watch?v=Az9f7BrA61w</a></p>	<p><b>OCR Cambridge National Level 1/2 Sports Studies Specification:</b> <a href="https://www.ocr.org.uk/qualifications/cambridge-nationals/sport-studies-level-1-2-j803-j813/">https://www.ocr.org.uk/qualifications/cambridge-nationals/sport-studies-level-1-2-j803-j813/</a></p> <p>Everlearner- online resource</p> <p>Quizlet-free online resource</p> <p><b>Badminton Officiating/Rules:</b> <a href="https://www.badmintonengland.co.uk/about-us/rules-and-regulations/">https://www.badmintonengland.co.uk/about-us/rules-and-regulations/</a>  <a href="https://www.bbc.co.uk/bitesize/guides/zs89dmn/revision/3">https://www.bbc.co.uk/bitesize/guides/zs89dmn/revision/3</a>  <a href="https://www.badmintonengland.co.uk/">https://www.badmintonengland.co.uk/</a></p> <p><b>National Governing Body Websites:</b></p> <p><a href="https://www.thefa.com/">https://www.thefa.com/</a> <a href="https://www.englandrugby.com/home">https://www.englandrugby.com/home</a> <a href="https://www.englandnetball.co.uk/">https://www.englandnetball.co.uk/</a> <a href="https://www.britishathletics.org.uk/">https://www.britishathletics.org.uk/</a> <a href="http://www.ecb.co.uk">www.ecb.co.uk</a> Cricket <a href="https://www.englandhandball.com/">https://www.englandhandball.com/</a> <a href="https://www.lta.org.uk/">https://www.lta.org.uk/</a> Tennis <a href="https://www.basketballengland.co.uk/">https://www.basketballengland.co.uk/</a> <a href="https://www.volleyballengland.org/">https://www.volleyballengland.org/</a></p>



**Everlearner- online resource**

**Quizlet – free online revision resource**

**LO2 Know about the role of sport in promoting values**

**Revision video:**

<https://www.youtube.com/watch?v=HoaEyw3TduU&t=8s>

**LO3 Understand the importance of hosting major sporting events**

**Revision video:**

[https://www.youtube.com/watch?v=Er1\\_L1bQNSk&t=332s](https://www.youtube.com/watch?v=Er1_L1bQNSk&t=332s)

<https://www.youtube.com/watch?v=lx1TAuX91XQ&t=27s>

**LO4 Know about the role of National Governing Bodies in sport**

**Revision video**

<https://www.youtube.com/watch?v=txotLQRnpZU>