

BridgeÜ

Summer  
Activities  
Journal



## How to use this journal

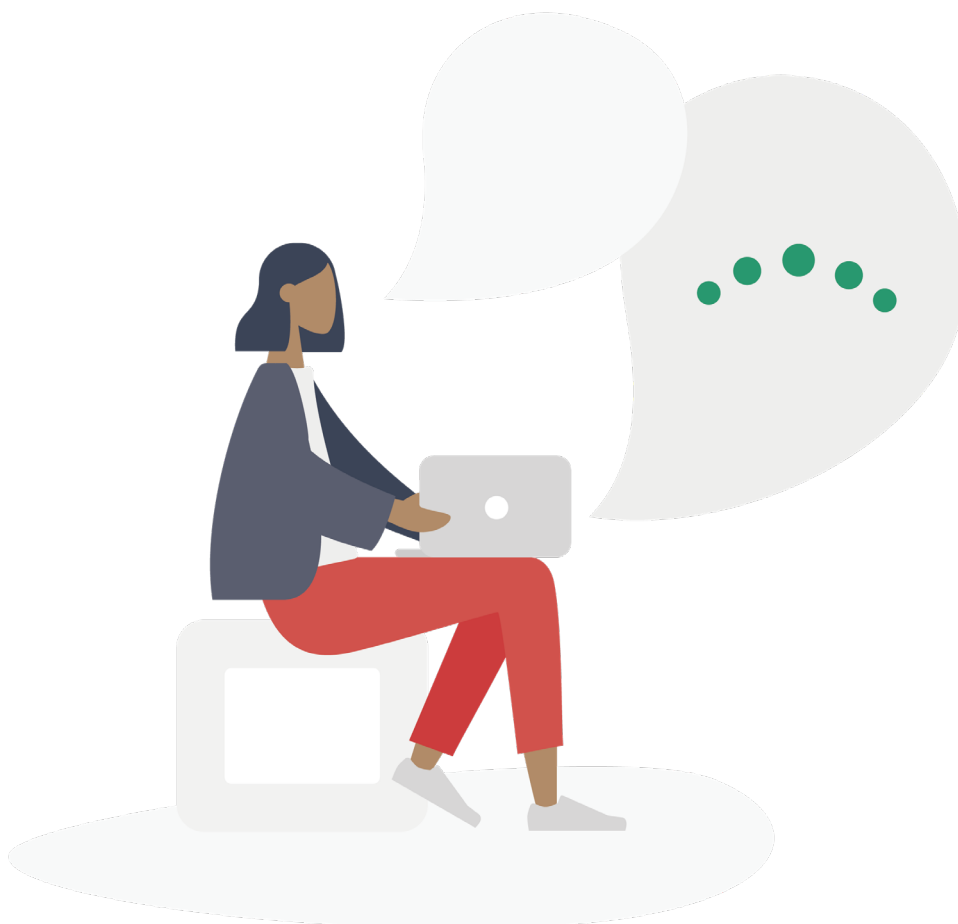
COVID-19 has thrown many students' summer plans into disarray, with internships, family holidays, and other summer activities being cancelled around the world.

We know this presents some students with a problem. Summer holidays can be a great opportunity to learn new skills or just pursue an activity that will leave you with some meaningful & valuable experiences.

If you've found yourself with nothing to do over the summer, this journal gives you some ideas of things you can do to stay productive and strengthen your university applications - even if you have to stay at home!

You shouldn't feel under pressure to take on all of the activities in this book - instead, it's designed to give you some inspiration and help you think critically about your skills and experiences. If you manage to complete even one or two of the tasks ahead, you've had a successful summer and you'll have some great insights and experiences that will likely strengthen your eventual university applications.

So without further ado, let's get stuck in...































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