

DRO/GHA

01 February 2022

Dear Parents and Carers

Re: Year 8 Risk Avert Programme

During this term, we will be running the Risk Avert programme at the academy. The programme has been developed by The Training Effect, a consultancy service provider to councils across the UK and will focus on early intervention and prevention. The aim of this programme is to educate students about the different types of risk taking that can occur and then offer support for any young persons who might be experiencing difficulties in these areas.

All students currently in Year 8 will be asked to complete a short survey before the end of this half term. The survey will ask students about their experience of a range of issues including internet safety, friendships, emotional health and any risk taking experience they may have been exposed to socially, including alcohol or smoking. We do not expect many young people to be engaging in these behaviours at this age, however, we know the importance of early intervention and support at Plume Academy.

The survey will initially be completed during learning group time from **Monday 7 February to Friday 11 February**. The results are confidential but not anonymous and we encourage all students to answer honestly and not to discuss their answers with anyone else.

Once the results are reviewed, a small percentage of Year 8 students surveyed will then be offered the chance to take part in a six-session programme to educate them about risk-taking and offer support to help them make positive choices, or a programme focused on emotional health and well-being.

I would be happy to discuss the programme in further detail and respond to any queries parents or carers may have via my email address of d.rose@plume.essex.sch.uk. Alternatively there are more details available on the project by using the following links: www.thetrainingeffect.co.uk and/or www.risk-avert.org

Yours sincerely



Mr D. Rose
Head of Year 8