

MRC CLUBS – YEAR 7 & 8

| Day | Before School (8-8.20AM) | Lunch | After School |
|------------------|---|---|---|
| Monday | <ul style="list-style-type: none"> Years 7&8 Basketball MRC (TDU) All years Badminton (FRC) SPA | | |
| Tuesday | | <ul style="list-style-type: none"> Year 7 Table Tennis (MRC) CGL/ MAR | <ul style="list-style-type: none"> Wind Band 3.15 - 4.15 FRC Music room. Meet Mrs Adams in MRC reception to walk up Year 7-8 Boys Rugby (MRC) MAR/ LST All Years Girls Football (FRC Astro) Simon Walker/ SPA/ HTA <p><i>MRC Students to meet in the changing rooms - PE staff will escort to FRC</i></p> |
| Wednesday | | BandLab Music Tech Club – Rm 27 1:30-2:00 | <ul style="list-style-type: none"> Science Club – Room M20- 15:15-16:15 Year 7-9 Badminton (FRC Sports Hall) SPA/ JBI <p><i>MRC Students to meet in the changing rooms - PE staff will escort to FRC</i></p> <ul style="list-style-type: none"> Live Lounge Music Club – 15:10-16:00 |
| Thursday | <ul style="list-style-type: none"> All years Badminton (FRC) SPA | <ul style="list-style-type: none"> Steel Drums/Boomwhacker.Ukulele Club 1.30pm - 2.00 Year 7&8 SEND FUN PE club (see PE staff for more info about this club) (MRC) HTA/ LST | <ul style="list-style-type: none"> Years 7 and 8 Boys Football (MRC Field) MAR/ JAI Years 7-8 Netball (MRC) HTA/ JBI/ CGL |
| Friday | <ul style="list-style-type: none"> Years 7&8 Fitness MRC (CGL) | | <ul style="list-style-type: none"> All Years Hockey (Maldon Astro) Led by Maldon Hockey Club and PE staff <p>MRC Students to meet in the changing rooms – PE staff will walk to the astro with you. Finish at 4.30 – pick up from Maldon Astro (Next to Maldon and Tiptree Football Club). <i>FRC students to meet at the astro.</i></p> |