



## PLUME ACADEMY - LEARNING OVERVIEW

Year	11
Course	CNAT Sports Studies
Specification Number/Exam Board	J813 - OCR
End of course assessment and weightings	4 Units ( <i>2 Mandatory / 2 Optional</i> ). Unit R051: Externally-assessed written exam <b>(25%)</b> Unit R052: Internal Assessment <b>(25%)</b> Unit R053: Internal Assessment <b>(25%)</b> Unit R054: Internal Assessment <b>(25%)</b>

### Prior Learning

The subject builds on your child's key stage 3 experience in Physical Education by developing their skill and performance within team and individual sports. It will develop leadership skills and the ability to officiate. It will also develop knowledge and understanding of contemporary issues in sport and study media in sport.

### Curriculum Intent – What are the curriculum aims?

Students will:

- develop knowledge, understanding, skills and values to develop and maintain their performance in physical activities and understand the benefits to health, fitness and wellbeing.
- develop theoretical knowledge and understanding of the contemporary issues within sport.
- perform effectively in different physical activities by developing skills and techniques and selecting and using tactics, strategies and/or compositional ideas.
- develop their ability to analyse and evaluate to improve performance in physical activity and sport.
- develop their leadership skills through analysis of different leaders and leadership styles and through planning and delivering their own bespoke training session.
- develop an understanding of the relationship between media and sport and understand the impact they have on one another, both positive and negative.

### Curriculum Implementation – What will my child will be learning?

Term 1	Half Term 1	<b>R053: Sports Leadership –</b> LO2 – Plan sports activity session. LO3 – Deliver sports activity session.  <b>R054: Sports and the media –</b> LO1 – How is sport covered across the media. LO2 / 3 – Positive and negative effects of media.
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	Half Term 2	<b>R053: Sports Leadership –</b> LO3 – Deliver sports activity session. LO4 – Evaluation of performance in delivering session.  <b>R054: Sports and the media –</b> LO4 – Relationship between media and sport. LO5 – Evaluate media coverage in sport.
Term 2	Half Term 3	Consolidation opportunities ahead of first entry of R053 & R054.
	Half Term 4	Re-Sit internally assessed Units and/or revision for written exam.
Term 3	Half Term 5	Re-Sit internally assessed Units and/or revision for written exam.
	Half Term 6	

### Curriculum Impact – How will progress be assessed as I learn?

**Unit R053 – Sports Leadership:** This will be internally assessed through a combination of both written and practical work. 4 Learning Outcomes will be assessed to make up the entire unit.

**Unit R054 – Media in Sport:** This unit is entirely made up of written tasks and is internally assessed. 5 Learning outcomes will be assessed to make up the entire unit.

### Super-Curricular Opportunities – Support and Extending Learning

Useful study resources	If a student is really passionate about this subject...	As a parent/carer, I can assist my child in this subject by:
<ul style="list-style-type: none"> <li>Everlearner PE account</li> <li>GCSE PE Revision Guide: GCSE Simplified</li> </ul>	<p>Take part in competitive sports outside curriculum time. We offer an extensive extra-curricular programme updated on a termly basis.</p> <p>After attending clubs, students may be selected for Academy fixtures against other schools.</p> <p><b>Wider Reading:</b>  <u>Sports Podcasts</u> eg. The Science of Sport Podcast  <u>Amazon &amp; Netflix Documentaries</u> eg. the All or Nothing Series, Icarus, The Last Dance etc</p>	<p>Check your son or daughters GCSE PE folder regularly.</p> <p>Support their consolidation of knowledge by purchasing the recommended revision guide for <b>£6</b> from the Faculty</p> <p>Encourage your son or daughter to join at least one outside of school club, in order to regularly practice their sports outside of school and increase the opportunity of accessing higher practical grades</p>