



PLUME ACADEMY - LEARNING OVERVIEW

Year	11
Course	CNAT Sports Studies
Specification Number/Exam Board	J829 - OCR
End of course assessment and weightings	<p style="text-align: center;">3 Units (2 Mandatory /1 Optional)</p> <p style="text-align: center;">Unit R184: Contemporary issues in Sport. Externally assessed unit (40%)</p> <p style="text-align: center;">Unit R185: Performance and leadership in sports. Non-examined assessment (40%).</p> <p style="text-align: center;">Unit 186: Sport and the media. Non-examined assessment (20%).</p>

Prior Learning

The subject builds on your child's key stage 3 experience in Physical Education by developing their skill and performance within team and individual sports. It will develop leadership skills and the ability to officiate. It will also develop knowledge and understanding of contemporary issues in sport and study media in sport.

Curriculum Intent – What are the curriculum aims?

Students will:

- Develop knowledge, understanding, skills and values to develop and maintain their performance in physical activities and understand the benefits to health, fitness and wellbeing.
- Develop theoretical knowledge and understanding of the contemporary issues within sport.
- Perform effectively in different physical activities by developing skills and techniques and selecting and using tactics, strategies and/or compositional ideas.
- Develop their ability to analyse and evaluate to improve performance in physical activity and sport.
- Develop their leadership skills through analysis of different leaders and leadership styles and through planning and delivering their own bespoke training session.
- Develop an understanding of the relationship between media and sport and understand the impact they have on one another, both positive and negative.

Curriculum Implementation – What will my child will be learning?

Term 1	Half Term 1	<p>Unit R184: Contemporary Issues in Sport. TA 1 – Issues which affect participation in sport.</p> <p>Unit R185: Teaching Area 3 / 4 – Finalise planning own sports session & deliver sports session to group.</p>
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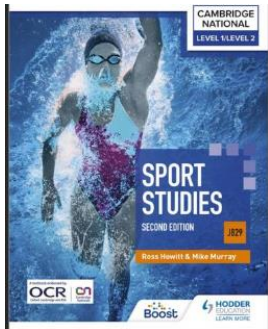
	Half Term 2	<p>Unit R184: Contemporary Issues in Sport. TA 2 – The role of sport in promoting values.</p> <p>Unit R185: Teaching Area 4 / 5 – Deliver sports session to group & Evaluation of session. First Submission in Jan Year 11.</p>
Term 2	Half Term 3	<p>Unit R184: Contemporary Issues in Sport. TA 3 – The implications of hosting a major sporting event.</p> <p>Unit R185: Improvements for second submission. Re-Submission in May Year 11.</p>
	Half Term 4	<p>Unit R184: Contemporary Issues in Sport. TA 4 & 5 – The role of NGB & Technology in Sport</p> <p>Unit R185: Improvements for second submission. Re-Submission in May Year 11.</p>
Term 3	Half Term 5	<p>Unit R184: Contemporary Issues in Sport. TA 5 – Technology in Sport & Revision</p>
	Half Term 6	

Curriculum Impact – How will progress be assessed as I learn?

Unit R185 – Performance and Leadership in Sports – Teacher assessed and exam board moderated throughout the course.

Unit R184: Contemporary Issues in Sport. Externally assessed examination in May. Assessment through end of unit tests across the year.

Super-Curricular Opportunities – Support and Extending Learning

Useful study resources	If a student is really passionate about this subject...	As a parent/carer, I can assist my child in this subject by:
<p>Sports Studies Cambridge National Level 1/2 Text book Author Mike Murray Ross Howitt</p> 	<p>Take part in competitive sports outside curriculum time. We offer an extensive extra-curricular programme updated on a termly basis.</p> <p>After attending clubs, students may be selected for Academy fixtures against other schools.</p> <p>Wider Reading: <u>Sports Podcasts</u> eg. The Science of Sport Podcast <u>Amazon & Netflix Documentaries</u> eg. the All or</p>	<p>Check your son or daughters CNAT SS folder regularly.</p> <p>OCR Cambridge National Level 1/2 Sports Studies Specification: OCR Level 1/Level 2 Cambridge National in Sport Studies specification (tw-cms-prd.s3.eu-west-2.amazonaws.com)</p>



EverLearner- online resource	Nothing Series, Icarus, The Last Dance etc	
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