

WEEK 1 03.09.25/22.09.25 13.10.25-03.11.25 24.11.25-15.12.25	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	CLASSIC CHICKEN TIKKA FLATBREAD, INDIAN SALAD 2,7	BEEF LASAGNE SERVED WITH CRISP SALAD ,GARLIC BREAD 2,7,9	ROAST CHICKEN ROAST POTATOES SEASONAL VEG 2,4,7	BEEF BURRITOS , CORN ON THE COB AND SIDE SALAD 2	CHEESEBURGER AND CHIPS 2,7
STREET EATS	CREAMY COCONUT DHANSAK WITH STICKY RICE (V) 2, 13,7	BBQ PULLED PORK CIABATTA WITH PINK SLAW 2,4	SZECHUAN STIR FRY (V) 2,4,13	QUORN MINCE TACO WITH GUACAMOLE (V) 2,13	FALAFEL BURGER AND CHIPS 2
PASTA & JACKETS	Various toppings available daily Baked beans (VE), Three cheese (VE) Tuna Mayo (VE) Grated mature cheddar (VE) Coronation Chicken PASTA SAUCES: BOLOGNAISE, TOMATO AND BASIL, RATATOUILLE AND CHEESE ASK CATERING STAFF FOR ALLERGENS				
HOT WRAPS	CAJUN CHICKEN 1,2,7,9,13,14	CHICKEN FAJITA 1,2,7,9,13,14	CHINESE CHICKEN 1,2,7,9,13,14	JERK CHICKEN 1,2,7,9,13,14	BBQ CHICKEN 1,2,7,9,13,14
PANINI	ITALIAN 2,7,12 CHEESE (V)	TEX MEX 2,7,12 CHEESE(V)	CHEESE AND BACON 2,7,12 CHEESE (V)	BBQ CHICKEN 2,7,12 CHEESE(V)	BBQ SAUSAGE CHEESE (V) 2,7,12
PIZZA	CHEESE & TOMATO 2,7 HAWAIIAN 2,7	CHEESE & TOMATO 2,7 BBQ CHICKEN 2,7	CHEESE & TOMATO 2,7 PEPPERONI 2,7	CHEESE & TOMATO 2,7 MEAT FEAST 2,7	CHEESE & TOMATO 2,7 GARLIC BREAD 2,7
DESSERT	CHOCOLATE SPONGE & CHOCOLATE CUSTARD	SCHOOL CAKE & CUSTARD	HOMEMADE FLAPJACK	CHOC CHIP SHORTBREAD	FRESH FRUIT SALAD

Dates: Available – 08.09.25 – 29.09.25 – 13.10.25 -03.011.25 – 08.12.25 – 15.12.25

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	FISHFINGER WRAP LETTUCE AND MAYO WITH SEASONED WEDGES 2,4,5	BEEF BOLOGNAISE, WHOLEMEAL PASTA 2,7,9	ROAST PORK SEASONAL VEGETABLES ROAST POTATOES AND GRAVY 2,4,7	CHICKEN KATSU SERVED WITH FLUFFY RICE 2,7	CHARGRILLED PIRI PIRI CHICKEN BURGER 2,13
STREET EATS	MOZZARELLA, TOMATO & BASIL PESTO CIABATTA (V) 2,7	MAC AND CHEESE 2,7,9	VEGATARIAN SAUSAGES 2,7,13	CHEESY MEXICAN ENCHILADAS 2,7	CHEESY LOADED FRIES 2,7
PASTA & JACKETS	Various toppings available daily Baked beans (VE), Three cheese (VE) Tuna Mayo (VE) Grated mature cheddar (VE) Coronation Chicken PASTA SAUCES: BOLOGNAISE, TOMATO AND BASIL, RATATOUILLE AND CHEESE				
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PANINI	ITALIAN 2,7,12 CHEESE (V)	TEX MEX 2,7,12 CHEESE(V)	CHEESE AND BACON 2,7,12 CHEESE (V)	BBQ CHICKEN 2,7,12 CHEESE(V)	BBQ SAUSAGE CHEESE (V) 2,7,12

PIZZA	CHEESE & TOMATO 2,7	CHEESE & TOMATO 2,7	CHEESE & TOMATO 2,7	CHEESE & TOMATO 2,7	CHEESE & TOMATO 2,7
	HAWAIIAN	BBQ CHICKEN	PEPPERONI	MEAT FEAST	GARLIC BREAD

Dates: Available – 15.09.25 – 06.10.25 – 03.11.25 – 24.11.25 – 15.12.25

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	MINCE BEEF TACOS WITH GUACAMOLE, SALSA AND SOUR CREAM 4 ,7 ,9	SWEET AND SOUR CHICKEN FLUFFY RICE 1, 2	TOAD IN THE HOLE MASH POTATOES SEASONAL VEG ONION GRAVY 2,4,7	MINCE BEEF CHILLI WITH JACKET POTATO OR RICE 2,4	CHICKEN BITES AND CHIPS 2,13
STREET EATS	TRIPLE CHEESE MAC WITH CRISP SALAD 2,7,9	VEGETABLE NOODLES 2,4,13	VEGETABLE PIES 2,4,7	QUORN CHILLI SERVED WITH RICE 2,13	LOADED FRIES 2,7
PASTA & JACKETS	Various toppings available daily Baked beans (VE), Three cheese (VE) Tuna Mayo (VE) Grated mature cheddar (VE) Coronation Chicken PASTA SAUCES: BOLOGNAISE, TOMATO AND BASIL, RATATOUILLE AND CHEESE				
HOT WRAPS	CAJUN CHICKEN 1,2,7,9,13,14	CHICKEN FAJITA 1,2,7,9,13,14	CHINESE CHICKEN 1,2,7,9,13,14	JERK CHICKEN 1,2,7,9,13,14	BBQ CHICKEN 1,2,7,9,13,14
PANINI	ITALIAN 2,7,12 CHEESE (V)	TEX MEX 2,7,12 CHEESE(V)	CHEESE AND BACON 2,7,12 CHEESE (V)	BBQ CHICKEN 2,7,12 CHEESE(V)	BBQ SAUSAGE CHEESE (V) 2,7,12

PIZZA	CHEESE & TOMATO	CHEESE & TOMATO	CHEESE & TOMATO	CHEESE & TOMATO	CHEESE & TOMATO
	HAWAIIAN	BBQ CHICKEN	PEPPERONI	MEAT FEAST	GARLIC BREAD

Please note: all our menus are subject to change due to supplier issues we may have.

Allergen Information

The Plume Academy is allergen aware and follows Natasha's Law

The 14 ALLERGENS



1 Celery



2 Cereals containing
Gluten



3 Crustaceans



4 Egg



5 Fish



6 Lupin



7 Milk



8 Molluscs



9 Mustard



10 Nuts



11 Peanuts



12 Sesame



13 Soya



14 Sulphites