

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0800 – 1000	<h1>School</h1>					3 x 20mins revision on different subjects then 1hr free time	3 x 20mins revision on different subjects then 1hr free time
1000 – 1200						Family/Social Time	Family/Social Time
1200 – 1400							
1400 – 1600							Complete HW Or 1Hr English Lit 1Hr Science
1600 – 1800	<h2>Down time and Meal</h2>					3 x 20mins revision on different subjects then 1hr free time	3 x 20mins revision on different subjects then 1hr free time
1800 – 2000	Complete HW Or 1Hr English Lit 1Hr Science	Club Training	Complete HW Or 1Hr English Lit 1Hr Science	Complete HW Or 1Hr English Lit 1Hr <del>Maths</del>	Complete HW Or 1Hr English Lit 1Hr <del>Maths</del>	Meal Time	Meal Time
2000 – 2200	3 x 20mins revision on different subjects then 1hr free time	Complete HW Or 1Hr English Lit 1Hr <del>Maths</del>	3 x 20mins revision on different subjects then 1hr free time	Club Training	Free Time	Free Time	Preparation for the working week
<h1>SLEEP</h1>							